

General Water Safety

Madonna ProActive is pleased to provide lifeguard-supervised swimming for members and guests. Before you jump in the pool, please review these general water safety guidelines:

- Never take your eyes off children in the pool.
- While supervising, stay alert and avoid distractions like reading or the telephone.
- Learn basic lifesaving and CPR.
- No diving allowed.
- Warn children about the dangers of pools and hot tubs.

Pool Rules

Exercise & Recreation

- No horseplay or misuse of pool equipment.
- ProActive noodles and kickboards are for classes, lap swimming, therapy, and exercise purposes only. Recreational use of ProActive equipment is not allowed.
- Use of personal nerf and splash balls, noodles, and kickboards is permitted.
- Hard balls, such as tennis, golf, football, baseball, softball or racquetballs are not allowed.
- Recreational or open swimming is allowed in the non-lap lane area of the indoor pool EXCEPT during swimming lessons or group fitness classes.
- Swimming lessons and group fitness class times vary—see schedule or front desk for times.
- 2 lanes are available in the indoor pool for lap swimming at all times.
- Recreational swimming is not allowed in the outdoor or indoor pool during safety breaks. Individuals 18 and older are allowed to swim during safety breaks.
- Recreational swimming in the indoor pool is strongly discouraged when lifeguards are supervising the outdoor pool.
- When lifeguards are on duty they have the right to prohibit any behavior they deem unsafe.
- The outdoor pool water features are to be left off during class time.
- Street clothes and cutoffs are not allowed.
- Water shoes are required in the aqua track and for group fitness classes in all pools.
- Individual use of the aqua track during a fitness class is not allowed.

- For safety reasons, please exit the aqua track before a group fitness class begins.

Children

- Children under the age of 13 must be accompanied by an adult at least 19 years old and the adult must be in the pool area. For their health, children under 13 are not allowed in the hot tubs, aqua track, steam rooms or saunas.
- Children 5 and younger must be supervised by an adult at least 19 years old and the supervising adult must be within arm's length of the child.
- Infants are required to wear swim diapers.
- US Coast Guard or Red Cross life jackets are recommended. Flotation devices including water rings or wings are not allowed.

Food and Beverages

- Outside food, drinks (other than bottled water) and coolers are not allowed. Snacks may be purchased from ProActive's Commons, near the front desk.
- No chewing gum is allowed in pool areas.

Amenties

- The outdoor pool offers basketball hoop, water play features, zero-entry access, lounge chairs & tables.
- Swim diapers and goggles are available for purchase in the Pro Shop at the front desk.

Pool Hours

Monday-Thursday: 5 a.m.-9:30 p.m.

Friday: 5 a.m.-7:30 p.m.

Saturday & Sunday: 7 a.m.-6:30 p.m.

Winter Lifeguard Hours

Monday-Thursday: 4:00-8:00 p.m.

Friday: 4:00-7:30 p.m.

Saturday & Sunday: 1-6:30 p.m.

Summer Lifeguard Hours

Monday-Thursday: 12:30-8:30 p.m.

Friday: 12:30-7:30 p.m.

Saturday & Sunday: 1-6:30 p.m.

Weather Conditions

Air temperature must reach 70 degrees by 1 p.m. or the outdoor pool may close. The outdoor pool may not re-open if closed early. If the forecasted high is 75 degrees or below, please call ahead 402.420.0000.